

"Palliative Caregivers are a specially trained team of warmhearts volunteers who comfort and support terminally ill individuals and their families, enhancing their quality of life."



Nous sommes une équipe de bénévoles qui ont reçu une formation spécialisée. Nous sommes chaleureux, nous réconforçons et appuyons les personnes en phase terminale ainsi que leur famille afin d'améliorer leur qualité de vie.



Warmhearts
De tout cœur

All donations payable to: / dons libellés à l'ordre de:

Palliative Caregivers
Sudbury/Manitoulin
Des soins palliatifs
Sudbury/Manitoulin

Warmhearts, Palliative Caregivers Sudbury/Manitoulin
303 rue York Street, Suite 283
Sudbury, ON P3E 2A5

Tel: 705-677-0077
www.warmhearts.ca



Who do we assist?

Palliative Caregivers of Sudbury/Manitoulin support individuals and families who are facing a life threatening illness with a prognosis of one year or less.

Wherever and whenever you need us...

Warmhearts volunteers will visit with the terminally ill individual in his or her home, in hospital, residential hospice, or in a long-term care facility. As well, volunteers accompany clients to doctor's appointments, palliative treatment sessions, outings and daily living activities.

Our services are free

Palliative Caregivers Sudbury/Manitoulin is proud to provide services to our clients and their families at no charge. As a non-profit, charitable organization, financial support is obtained through individual contributions, in memoriam donations, fundraising events, grants and the Ministry of Health.

We're ready to help

If you, or someone you know would like to learn more about Palliative Care, we invite you to call us at (705) 677-0077 or toll free at 1-800-590-8883. Requests or referrals may be made through:

- Caregivers
- Family Members
- Friends
- Physicians
- Care/Case Managers
- Health Care Workers
- Social Service Workers
- Cancer Centre Personnel



Warmhearts
De tout cœur

Palliative Caregivers
Sudbury/Manitoulin
Des soins palliatifs
Sudbury/Manitoulin

303 York St., Suite 283
Sudbury, ON P3E 2A5

Phone: 705-677-0077
Fax: 705-677-0083
Toll free: 877-590-8883
www.warmhearts.ca
Charitable #
134881010RR0001

Supported by:



Warmhearts

**Compassionate support for
individuals and their families.**



Warmhearts
De tout cœur

Palliative Caregivers
Sudbury/Manitoulin
Des soins palliatifs
Sudbury/Manitoulin

Thank you for your contribution



Merci de votre contribution



Warmhearts
De tout cœur

Palliative Caregivers
Sudbury/Manitoulin
Des soins palliatifs
Sudbury/Manitoulin

**Your donation helps keep our programs
and services free of charge.**

**Votre don contribue au maintien
de nos programmes
et services sans frais.**

NAME / NOM _____

E-MAIL / COURRIEL _____

ADDRESS / ADRESSE _____

PROV _____

POSTAL CODE / CODE POSTAL _____

TEL / TÉL _____

\$50

\$100

\$250

OTHER / AUTRE \$ _____

CHEQUE

VISA

PAYPAL (SECURE LINE AT WWW.WARMHEARTS.CA)

CARD NUMBER / NUMÉRO DE CARTE _____

EXP. DATE / DATE D'EXP _____ / _____ SIGNATURE _____

IN MEMORY OF / À LA MÉMOIRE _____

CHARITABLE # / NO. D'ENRÉGISTREMENT 134881010RR0001

"When they were with my mom I could leave and relax and know that she was in good hands."

How do we help?

When a cure is no longer possible, Palliative Caregivers provide compassionate care in the form of:

- Companionship and compassionate bedside support
- Caregiver respite
- Bereavement support
- Compassion, caring and empathy – wherever needed
- Supportive care to children faced with terminal illness, grief or bereavement

We also provide hospice palliative care education to volunteers, health care providers and students.

"They gave me the support I needed. The care that I felt during our talks helped a lot. It gave me courage to go on 'till he passed away."

Depend on Warmhearts

Our team of Warmhearts volunteers are the strength of Palliative Caregivers Sudbury/Manitoulin. Backed by a committed staff, Warmhearts volunteers meet not

only physical needs but also the psychological, social, cultural, emotional and spiritual needs of each client and family. We seek to uphold a person's dignity by providing a comforting presence of friendship, caring and hope for the person living with the illness as well as the best quality of life for both this person and his or her family. Our Warmhearts caregivers are thoroughly screened, trained, and supported in their care for the terminally ill.



Warmhearts believe:

- That our efforts must focus on enhancing quality of life
- That there is a natural death and grief process but that each individual or family will experience it differently
- That individuals and families must receive care and support during illness, death and into bereavement
- That individuals and families have a right to dignity and privacy
- That we must be sensitive to the cultural, spiritual and linguistic needs of individuals and families
- That our volunteers who provide palliative care must receive the training, preparation and ongoing support to enable them to carry out their work
- That palliative care is best provided by a team that includes the individual, family, physicians, palliative care staff and volunteers and other health care professionals

"The volunteer was God-sent. There should be more people in the world like her."



Understanding palliative care

Palliative care is active, compassionate care for individuals and their families who are living with a life-threatening illness. Palliative Caregivers help terminally ill individuals live out their remaining time in comfort and dignity. The aim of palliative care is to enhance quality of life when a cure is no longer an option. This care is accomplished through a team of caregivers, guided by the client and can include: family members, caregivers, volunteers, community services personnel, health professionals and physicians.



The Legend of the Circle of Friends

The Circle of Friends image originates in pre-Colombian Mexico. It symbolizes an unbroken circle of friendship – people gathered around a bonfire with arms inextricably entwined, sharing their hearts, speaking of each others' good qualities and remembering times shared.