

Warmhearts

**Make every day their best day.
Volunteer as a Palliative Caregiver
and give the gift of comfort.**



Warmhearts
De tout **cœur**

Palliative Caregivers
Sudbury/Manitoulin
Des soins palliatifs
Sudbury/Manitoulin

"I love doing it! It is the most gratifying thing I've ever done. I believe this is very needful work and I want to be part of it as long as I can."

"There are so many different areas you can volunteer in. At different times I have supported clients, worked in the office and helped with fundraising events. I've enjoyed it all. The people are wonderful."

"I believe strongly in the need for this type of service and have met some wonderful people through working with the Association; people who I feel have enriched my life a great deal."

Our Strength

The strength of our organization is our volunteers. Different volunteer roles offer different levels of commitments, challenges and rewards. Some support clients and their families while others work in the office, speak in the community or help with fundraising. However you wish to give, we need your support, skills and talents. Your contribution of a few hours, months or more is appreciated.



Palliative Care Volunteers

Our Warmhearts volunteers are an integral part of palliative care. Some provide direct services to patients and their families, and others provide the organizational support that enables Palliative Caregivers Sudbury/Manitoulin to increase its capacity to provide compassionate, quality, end-of-life care in our community.

Why Become a Palliative Caregiver

The reasons are as varied as the individuals who choose to volunteer:

- personal satisfaction
- learn new skills
- develop lasting friendships
- help others
- important need for the service
- enjoy meeting new people
- give back to the community
- make a difference in someone's life

Warmhearts believe:

- That our efforts must focus on enhancing quality of life
- That there is a natural death and grief process but that each individual or family will experience it differently
- That individuals and families must receive care and support during illness, death and into bereavement
- That individuals and families have a right to dignity and privacy
- That we must be sensitive to the cultural, spiritual and linguistic needs of individuals and families
- That our volunteers who provide palliative care must receive the training, preparation and ongoing support to enable them to carry out their work
- That palliative care is best provided by a team that includes the individual, family, physicians, palliative care staff and volunteers and other health care professionals

"I came into palliative care to give and find I have received more than I will ever be able to give back."

"The volunteers of this organization just amaze me with their capacity to give. They're very special people, and I feel privileged to be a part of the team."

Volunteer Caregivers:

- support individuals and families who are facing end of life challenges
- answer the phones and help out with administrative tasks
- promote our services in the community by making presentations and setting up information displays
- help organize or volunteer at a special fundraising event or raise money by organizing your own
- provide support to families who have lost a loved one

When we work together, we all benefit. If you are interested in becoming a Palliative Care Warmhearts volunteer please call the office at 677-0077 or visit our website at www.warmhearts.ca to access the online volunteer application form. Make today your own best day.



Warmhearts
De tout **cœur**

Palliative Caregivers
Sudbury/Manitoulin
Des soins palliatifs
Sudbury/Manitoulin

303 York St., Suite 283
Sudbury, ON P3E 2A5

Phone: 705-677-0077

Fax: 705-677-0083

Toll free: 877-590-8883

www.warmhearts.ca